



### Steps to get started:

- 1) Contact Pam Marquis at The EDGE [pamm@edgevt.com](mailto:pamm@edgevt.com) with any questions and membership details
- 2) Contact Stephanie Reid [sreid@ridegmt.com](mailto:sreid@ridegmt.com) with payroll deduction details.



## **GMT**

### ***Discounted Membership***

***\$40.12 / Per Month / PP***

### **MEMBERSHIP INCLUDES**

#### **ACTIVE EDGE LEVEL:**

- Free Weights
- Circuit Training
- Cardio Center
- Group Fitness Classes
- Indoor Cycling
- Yoga
- Pools
- Aquatic Classes
- Indoor Track
- Basketball
- Squash / Racquetball
- Locker room facilities
- Saunas / Hot Tubs
- Access to all locations

#### **Add-Ons Available (\$37.45/pp/mo)**

- Tennis
- Kids ages 14-21
- Wellness Lounge

**Pickleball:** Contact the EDGE for pricing

#### **Member Discounts on Programs:**

Tennis, aquatic lessons, personal training, preventative care services, Kids & Fitness & more.